

IncludeAge

Inclusion of **diverse older people** in community and public places and virtual spaces

Working with older people with learning disabilities: Encouraging and supporting their active involvement in research

12th March, 2024

Heather Blair, Expert by experience

Joe Tai, Research associate



The IncludeAge Team

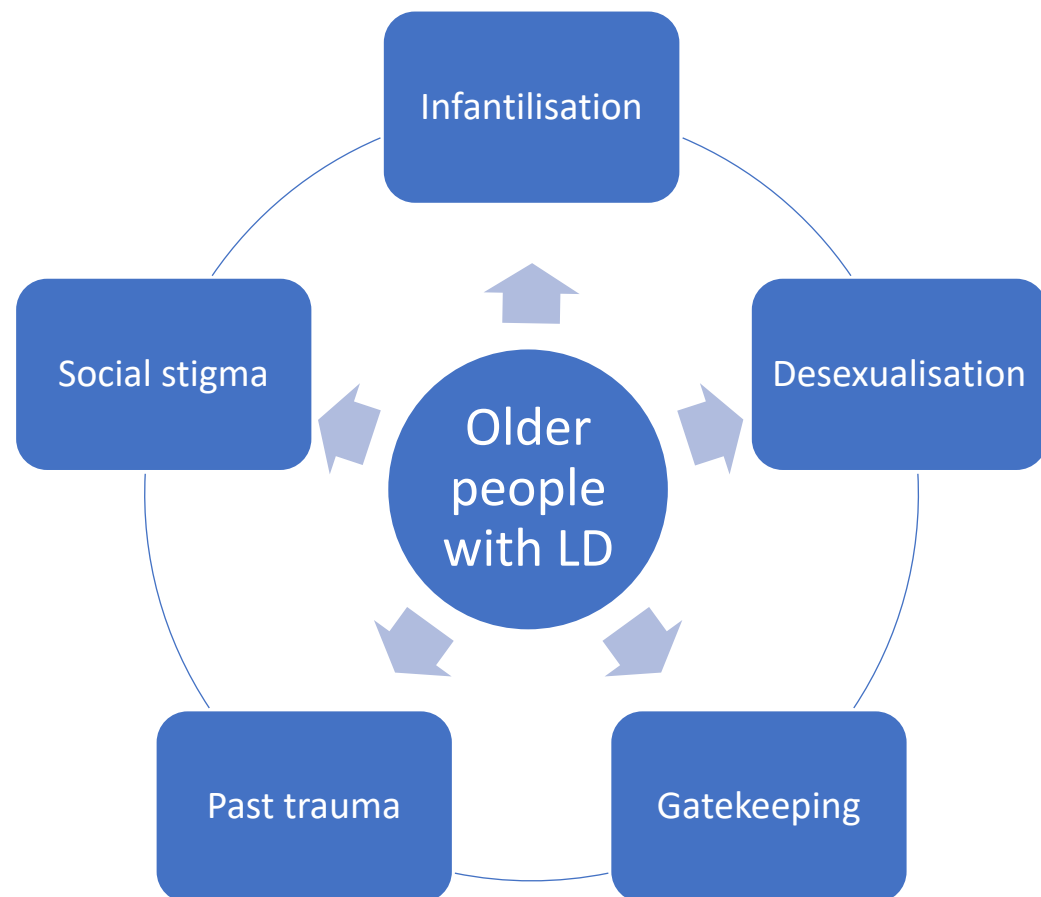
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The IncludeAge Project

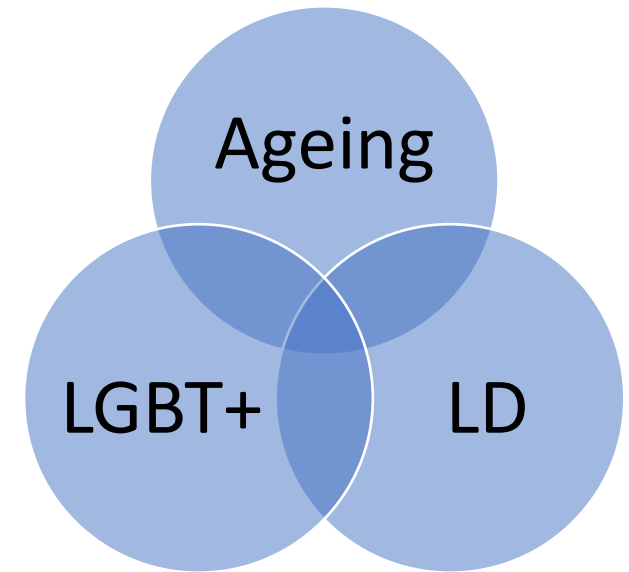


The problem of intersectional discrimination:

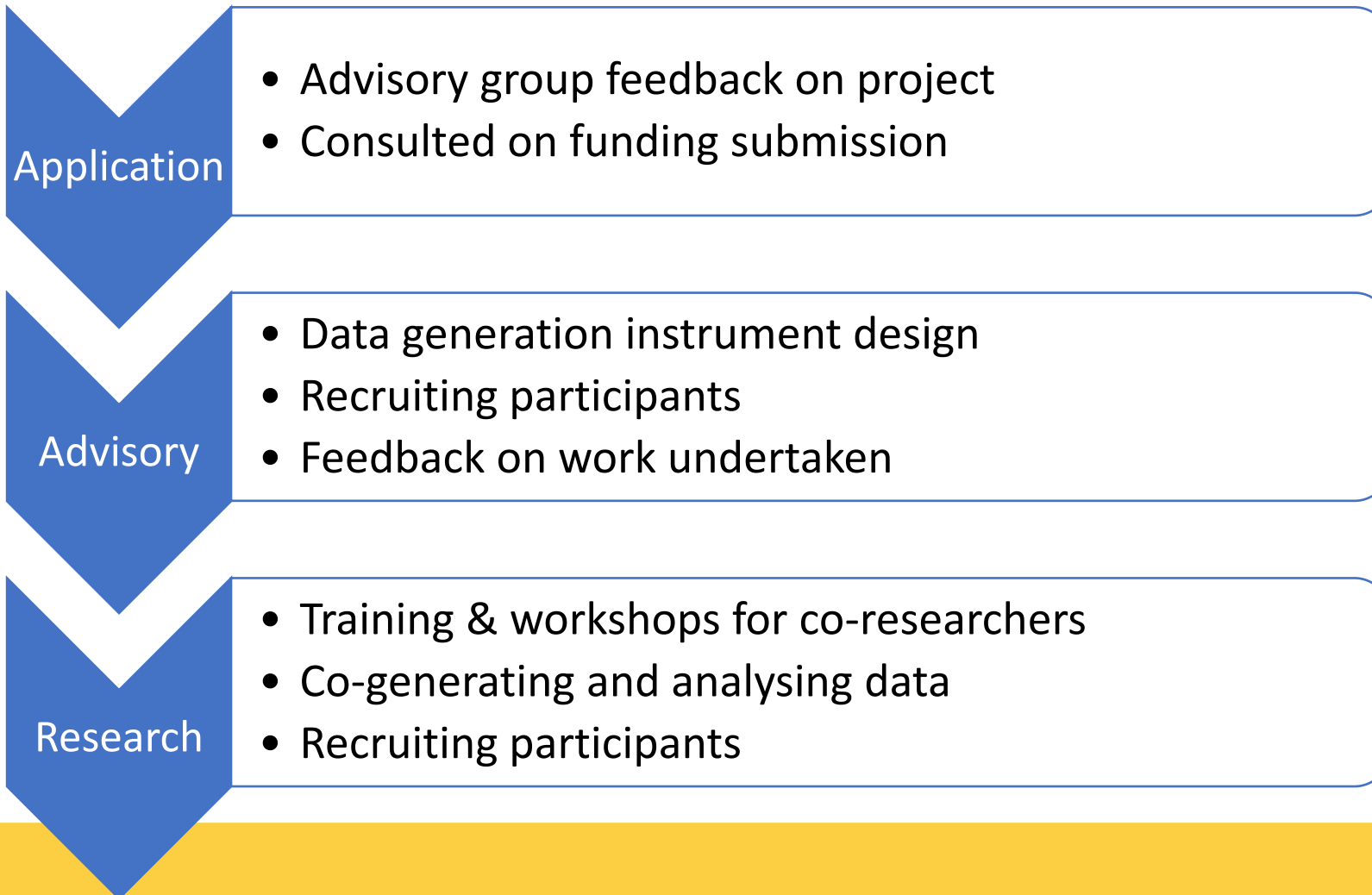


What is IncludeAge?

- Exploring the challenges of community inclusion of older people who
 - Are LGBT+
 - Have a Learning Disability (LD)
- What does community inclusion mean to them?
- Experiences of online and physical places and spaces
- How have their life courses affected their understanding of their present?
- Exploration of intersectionality
 - Recognition of heterogeneity amongst diverse groups



Inclusive processes



Inclusive practice: What have we done?

- Accessible formats:
 - Newsletters
 - Website
 - Volunteer agreements (co-researchers)
- **Safe and accessible meeting:**
 - **Always hybridised where possible**
- Balancing:
 - Formal and informal
 - Taking time and meeting targets
 - Keeping thing simple and capturing nuance

14:26 Mon, 18 Sept 92%

IncludeAge Place Study

Record some things about the place

How do you feel right now in this place? Please select all that apply

Excited Accepted Happy Confident Relaxed

Comfortable Scared Sad Nervous Embarrassed

Uncomfortable Self-conscious Unsure

And/or enter your own words below

And/or enter your own words below what you notice about the place you're in. For example, what you think, feel, see or even smell

or use the button below to record what you notice about the place you're in [up to 3 minutes]

If you feel comfortable and safe to do so, please take a photo of something that shows your experience of being in this place

3 of 3

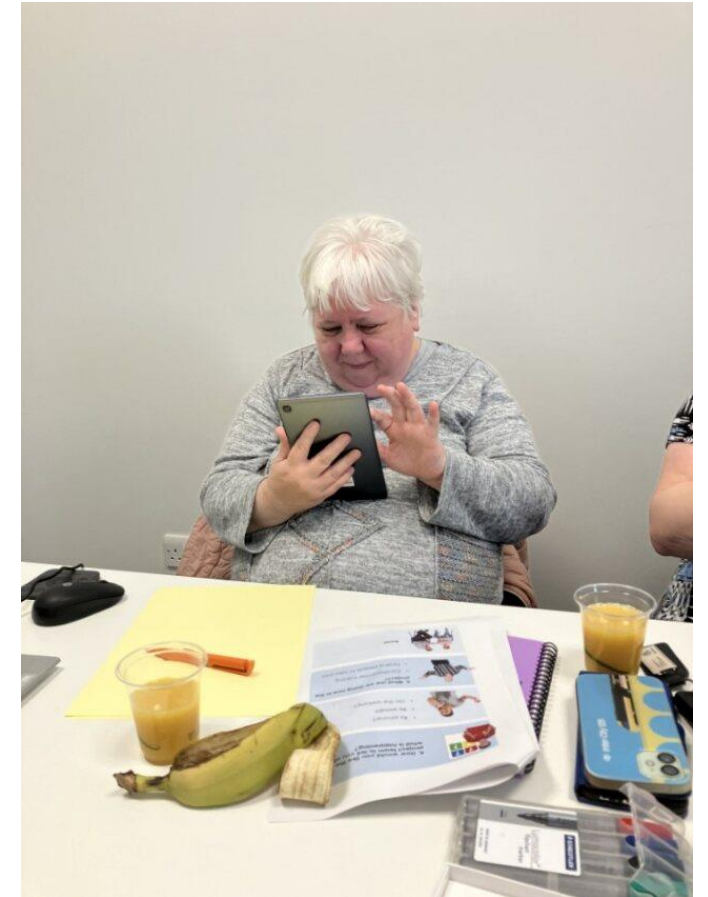
Inclusive practice: Working with co-researchers

- Experiential training:
 - Co-researchers = lived experience
 - Exchange of skills and experiences
- Regular supervisions:
 - Trauma-informed
 - Interviews can be distressing
 - Sharing
 - Difficulties
 - Reflections
 - New approaches



Getting things right takes time

- Delays in:
 - Website launch
 - First data generation stage
- LGBT+ aspect faster-paced than LD:
 - 20 vs 8 interviews
 - Interviews, informed consent
 - Co-researcher training
- Vetting documents and materials:
 - Updates, interview topic guides, software
 - **Producing in accessible format**



Moving forward

- Bringing together LD and LGBT+
 - Advisory groups
 - Co-researchers
 - 23rd & 24th May
- Co-analysis workshops
- Knowledge Cafes
- Website hard launch 14th March





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